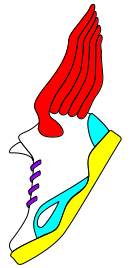


Hillsboro Parks & Recreation

YOUTH CROSS COUNTRY MEETS



Age groups and run distances will be as follows:
(please be ready 10 minutes prior to the start of your race)

FREE



4:00pm	Registration begins	
4:30pm	Kindergarten & younger	(800m or ½ mile)
4:45pm	1 st & 2 nd grades	(1200m or ¾ mile)
5:00pm	3 rd & 4 th grades	(1600m or 1 mile)
5:20pm	5 th & 6 th grades	(2000m or 1.2mile)
5:35pm	7 th & 8 th grades	(3K or 1.8 miles)

- Arrive anytime between 4:00 pm and the start of your race to register.
- Cross country meets are open to all boys and girls in kindergarten through the 8th grade.
- Participants run on sections of the high school cross country courses.
- Place ribbons will be awarded to the first 3 boys and 3 girls in each race. All other runners receive a participant ribbon.
- You must register by picking up a race sticker.

Cross Country Meet Dates & Locations (Meet at the following locations):

September 28: Liberty High School Track (21945 NW Wagon Way)

October 5: Glencoe High School Track (2700 NW Glencoe Rd)

October 12: Century High School track (2000 SW 234th Ave)

October 19: Rood Bridge Park (4000 SE Rood Bridge Rd)

Thank you to the High School Cross Country teams for making the meets a success!