

# Hillsboro Parks & Recreation Youth Cross Country Club



**#26004:** The focus of the Hillsboro Cross Country Club is to provide an opportunity for youth to run and compete within a group, to understand the importance of physical fitness and stretching, and to learn race and training strategy. Participants run on a section of the high school cross country course. Emphasis will be placed on teamwork and having fun. Please bring a water bottle and wear running shoes.

Ages: K-8<sup>th</sup> grades

Day: Monday

Time: 5:30-6:30 p.m.

Fee: \$35

Dates & Places:

Sept. 20:	Rood Bridge Park (4000 SE Rood Bridge Rd)
Sept. 27:	Liberty High School Track (21945 NW Wagon Way)
Oct. 4:	Glencoe High School Track (2700 NW Glencoe Rd)
Oct 11:	Century High School Track (2000 SW 234 <sup>th</sup> Ave)
Oct 18:	Rood Bridge Park (4000 SE Rood Bridge Rd)

Registration begins in September. Call the Hillsboro Parks & Recreation Registration Line at 503-681-5397 or register online at [www.ci.hillsboro.or.us/parksrec](http://www.ci.hillsboro.or.us/parksrec).