

SHARC

Shute Park Aquatic & Recreation Center

953 SE Maple Street Hillsboro, OR 97123 503-681-6127

More than Just an Aquatics Center...

Water Amenities

Water amenities at SHARC include two indoor pools, a spa pool and a sauna as well as an **Outdoor Pool** that is closed from September 2011- June 2012. The outdoor pool is used by the Hillsboro Heat and Hillsboro School District during the off season.

The **Main Indoor Pool** is heated to 84° and features an L-shaped design with a 12 foot deep end and a 3.5 foot shallow end. A 117 foot curving water slide is at one end, as is a diving board.



On-Site Child Care

On-site child care is provided in the **Kid Fit Room**. Children are cared for in a safe, nurturing environment while their parents

The 88° **Warm Water Pool** has a ramp with railings and railings in the 4'6" deep end to aid swimmers with accessibility and in water therapy. The pool offers a teacup feature with warm water spilling from overhead. Children 7 years and under must be accompanied in by an adult in the water at all times.

The **Spa Pool**, kept at 103° and a co-ed **Dry Sauna** are both available for use by patrons ages 16 and over.

Locker Rooms and Change Rooms

Both men's and women's changing rooms and over 200 lockers are available for your use. In addition, four ADA accessible family change rooms are available. Please respect the needs of these users and families with children of opposite gender.

Land Amenities

Land amenities at SHARC include workout facilities, cardio and weight room equipment.

The **Cardio Room** is equipped with workout machines such as climbers, ellipticals, stationary bikes, rowing machines, treadmills and more. For those who prefer free weights, a selection of those is available as well. The cardio room is available on a first-come, first served basis.

SHARC offers a number of classes that take place in the **Group Exercise Rooms** including spin, Zumba, yoga, pilates, and many more. A full list of classes is offered at SHARC.



remain on the premises getting their workout in. For further details on the Kid Fit Room, see page 39.

Personal Training & Massage

SHARC offers specialized opportunities such as personal training, drop-in exercise and massage. These opportunities are listed throughout pages 39-49.



Rentals

SHARC facility offers rentals of pools and rooms for your meetings, gatherings, functions and parties. See page 39 for details.